

March & April, 2016



Sons of Norway

H.R.Holand Lodge # 5-549



Lodge Officers:

- President: Lorraine Selvick 920-743-9600
 - Vice-Pres. Cheryl Meingast
 - Sec. Muriel Wallestad 920-743-6298
 - Treas: Dave Van Drees 559-0995
 - Editor: Delane Jome-920-743-4764
dcjome@charter.net
 - Membership: Jackie Lau 920 493 1712
 - Social /Cult. Sally Schlise 920-746-7580
 - Foundation :Gail Klima 920-421-3141
 - Greeters: John Moen, Dean Johnson, Don Berns
- Trustees: , Wally Brandt
- , Rita Brandt, Richard Wagner
 - Sunshine: Gail Klima
please call: 920-421-3141
 - Sports/Rec. Irene Thorson
 - Publicity: Dixie Jorns, Cheryl Meingast
 - Scholarships: Dixie Jorns, Joanne Coleman, Myrle Welhaven
 - Historians: Myrle Welhaven, Bev Schauske-Johnson
 - Counselor: Diane Overby

President Message

To Our Members:

We had a special guest at our February Soup and Sandwich meeting—and we want to thank Kari Anderson for demonstrating her amazing artistic method of water color art. Her “easy manner” while painting and finishing a landscape picture was truly interesting and so enjoyable. We had a lot of laughs!!

AT OUR MARCH 8TH MEETING, AT NOON, WE WILL HAVE A CORNED BEEF DINNER. PLEASE BRING A SMALL PORTION OF EITHER BREAD AND BUTTER....OR...DESSERT.

JACKIE HAS PLANNED A CRAZY BUNCO GAME AFTER EATING—SO BRING ONE WRAPPED ‘CRAZY’ ITEM FOR PRIZES. (It’s always fun.)

Look forward to seeing you.

Lorraine Selvick, Pres.

Norwegian Corner

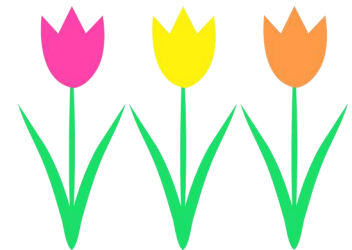
Many thousand thanks.
Mange tusen takk.
(mong-eh too’sen tuck)

Take it easy!!
Ta det med ro!!
(tah deh meh roo)

Good grief!!
Bevare meg vel !!
(bee-var-eh my vel)

L.Selvick

hello
spring!



Sons of Norway Mission Statement: The mission of Sons of Norway is to promote, preserve and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members.

Birthdays Committees News Bits

Mar. Birthdays:

1. Barbara Lewis
3. Darlene Muellner
4. Bev Schauske-Johnson
7. Leo Spittlemeister
12. George Evenson
23. Myrle Welhaven

Apr. Birthdays:

3. Peg Odegaard
8. Sally Schlise
10. Burnell Breaker
14. Brian Peterson
19. Glenn Gerdman
22. Scott Wallestad
28. Greg Welhaven

Mar. Committee:

Jackie Lau, Irene Thorson, Curt/Selma Peterson, Patrick Schmelzer Judy Dickinson

Apr. Committee:

Myrle Welhaven & family, Daisy & Barb Lewis, Muriel Wallestad

Kalenderen:

March 8 @ 12:00 noon
Corn Beef/Cabbage
 dinner; side dishes from attendees welcome; such as breads and dessert.

April 12 - Soup and Bread Potluck..Myrle Welhaven family
 Welhaven family will share with us about the Sons of Norway process of gaining pins as awards for sports and cultural projects.

Plan Ahead: May 10
Syttende Mai Lunch
 chaired by Don and Diane Overby
 (plans to be announced soon)

OUR LODGE BOARD MEETINGS:

MONDAY, MARCH 7 @ 9 AM

MONDAY, APRIL 4 @ 9 AM

Norwegian Baked Cheesecake with Brunost-Pecan Caramel Adapted from nordicnibbler.com

Crust:

- 225g (22 /graham crackers
- 50g (1 /3 cup) unsalted butter



Filling:

- 300g (11 /3 cup) skjørost cheese (or cottage cheese)
- 450g (2 cups) Snøfrisk cheese (or cream cheese)
- 225g (11 /8 cup) caster sugar
- 3 large eggs
- 1 tbsp lemon juice
- 1 tsp lemon zest
- 175g (¾ cup) sour cream

Topping:

- 160g (¾ cup) sugar •
- 40ml (2¼ tbsp) water •
- 180ml (¾ cup) double cream (or heavy cream) •
- 50g (1¼ oz) brunost, sliced •
- pecans, roughly chopped

Preheat oven to 170°C (325°F). Crush crackers with a rolling pin or a food processor. Pour into a bowl and add melted butter. Mix well. Line the bottom of a 22-24 cm (9 inch) diameter springform cake tin with baking paper (not necessary if using a nonstick tin) and pour in crumb mixture. Press the crumbs down firmly to create a level base. Bake for ten minutes and let cool on a rack.

Put cheeses and sugar in a bowl and blend with an electric mixer until fluffy. Add one egg at a time to filling, mixing as you go. Add lemon juice, zest and sour cream and mix briefly. Use tin foil to wrap the bottom and sides of tin and place in a baking tray filled with 2-3 cm (3/4-1 inch of water). Pour the filling onto the top of the cake base. Place in 150°C (300°F) oven and bake for 70 minutes. Turn off the oven and open door slightly, allowing cake to sit in oven for another 30 minutes. Cake should have a slight jiggle at center but be set on sides. Chill in fridge. **Topping:** Heat sugar and water in a pan, over medium heat. Once sugar dissolves, stop stirring and continue heating until mixture turns an amber color. Take off heat so the sugar doesn't get too dark and add the cream and brunost. Stir well. Pour into a measuring cup and place in fridge to cool

Remember: We want you to take part in your committee opportunity, but if you can't perhaps about 2 to 3 dollars can help to provide for the refreshments. Check in with your chairperson.

Also, if you need to, call on someone else to take your place on committee.



Tubfrim Winner

Thursday, January 14, 2016 was a lucky day for Vegas Viking Lodge 6-152. The lodge was the winner of the Tubfrim drawing to give away a ticket to Norway, worth up to \$1,000. Their postcard was drawn from among 1,331 other cards. With one card for every pound sent to Norway that means that Sons of Norway sent at least 1,332 pounds of stamps to Tubfrim in 2015. Vegas Vikings contributed 220 pounds to that total.

For the past 30 years, members have been clipping canceled postage stamps and sending them to Tubfrim, who then sells them to dealers and collectors.

Originally the money raised went to help children afflicted by tuberculosis. Since tuberculosis is no longer the threat to health that it once was, today the proceeds from the resale of stamps helps improve the quality of life for children and youth with disabilities and special needs. Sons of Norway members are the largest contributor outside of Norway to Tubfrim's efforts, sending nearly 30% of all stamps collected.

While helping children is a great motivation for our members to participate, there is a special incentive to say "thank you". For every pound of stamps collected, the member or lodge can enter a drawing, held in mid-January every year, to win a round trip ticket to Norway, worth up to \$1,000. The official postcard to enter the drawing can be order from the Sons of Norway Supply Department, 800-945-8851 ext 645 or supply@sofn.com

Stein Eriksen: Skiing Icon

Legendary skier Stein Eriksen passed away in late December at the age of 88. An internationally known and beloved figure, Eriksen accomplished much during his lifetime, earning not only Olympic and World Championship gold medals but glowing praise and admiration for his infinite contributions to the sport of skiing.

An athlete from an early age, Eriksen began his competitive skiing career as one of the top slalom racers in Norway. After collecting a bronze medal for slalom in the 1950 World Championships, Eriksen went on to become the first male alpine skiing Olympic champion to hail from a country outside the Alps—earning both a gold medal in giant slalom and a silver in slalom in the 1952 Winter Olympic games in Oslo. Two years later he collected three additional gold medals at the 1954 World Championships in Åre, Sweden.

Beyond his competitive achievements, Eriksen was known for his uncanny ability and grace as a skier. One of the sport's first superstars, he pioneered the reverse-shoulder turning technique and the daring flips and aerial maneuvers he completed in exhibitions inspired the sport of freestyle skiing. Ski writer and former skier Nicholas Howe said of Eriksen, "For most of us, even the great ones, skiing seemed to be a muscular, difficult thing. What Stein did was something else. It was all the curves and delicate balances; it was the floating grace of a ballet dancer. Where gravity was concerned, Stein seemed to have choices not open to the rest of us."

Charismatic and dedicated to advancing the sport, Eriksen was not only influential in Norway, he also used his superstar status to promote and foster the growth of the skiing industry in the United States. Upon moving to the United States in 1950, he bolstered and improved ski programs and courses and developed resorts in California, Colorado, Utah and Vermont before becoming the director of skiing at Stein Eriksen Lodge at Deer Valley resort.

Fondly remembered by those that knew him personally as well as the many who he inspired, Eriksen succeeded in leaving a lasting legacy as one of skiing's greatest pioneers. To learn more about Stein Eriksen, check out these great resources: • "The Legendary Skier: The Stein Eriksen Story" www.youtube.com/watch "The Man and the His Mountain"

Celebrating your Heritage as a Family

Is your family looking for a way to spend quality time together that celebrates your Norwegian heritage? You're in luck: there are several options available for you from Sons of Norway. Whether you want to get the family dancing or are interested in Sámi culture, there is nearly something for every family get together. Let's look at some of the ways you can turn family time this spring into Norsk family time!

An excellent place to begin with is the Family Matters section of Viking magazine. What makes this resource so great are the suggested activities available for kids of all ages. Take the most recent Family Matters edition, the Celebrating Sámi from the February Viking. In it you'll find sample activities for kids from preschool all the way to teenagers. It also provides resources to take learning beyond the pages of the magazine and onto the internet and into books that will add depth to understanding the Sámi or one of the other topics. These include exploring genealogy, folk dancing, chip carving and more.

Speaking of folk dancing, did you know that Sons of Norway has a cultural skills program specifically designed for children? Through the youth Cultural Skills Program, your kids or grandkids can explore figure carving, knitting or one of the other Norwegian crafts. Best of all, they'll receive a pin from Sons of Norway Headquarters as a reward for their hard work. The youth cultural skills are also a great opportunity for kids to segue into many of the adult Cultural Skills programs, potentially kicking off a lifelong interest in their Norwegian roots. your neck of the woods, the Sports Medal Program gives your family the chance to earn medals for getting outside and kickstarting a healthy lifestyle.

If you're interested in any of these programs you can learn more by visiting the Members Section of the Sons of Norway website or by contacting Joe Eggers, Membership Coordinator at membership@sofn.com. If you're interested in any of these programs you can learn more by visiting the Members Section of the Sons of Norway website or by contacting Joe Eggers, Membership Coordinator at membership@sofn.com.

(From the Editor) The above article from the Sons of Norway Newsletter Service started me thinking of my own memories of our family's Norwegian heritage. It was a heritage of farm life for all of my parent's siblings except for one. It was filled with Sunday visits with uncles and aunts, cousins to play with, farms and barns to explore in, fields of grain and corn growing through summers and fall, gardens filled with fruits and vegetables, orchards of cherries and apples, spending days watching neighbors coming to thresh the grain with the big huge machines shooting the grain kernels out to be stored, but our closest Norwegian memory is our mother making lefse since as far

Stories from the Ole and friends file:

In the middle of the show Ole stands up and yells at the ventriloquist, "Hey", "you've been making too many jokes about us Norwegians! Knock it off, ya bum!" The ventriloquist replies, "Take it easy, they're only jokes." Ole replies, "You idiot; I'm not talking to you, I'm talking to dat little guy sittin' on yer knee!!"

Ole: "Vat vas dat loud noise over at da Svenson farm yesterday?"

Lars: "Oh, it happened ven Sven went to feed the chickens some of dat "Lay 'em or Bust" chicken feed, and some of it got fed to da rooster".

A Norwegian race driver entered the Indianapolis 500. He had to make 75 pit stops. ...3 for gas and oil and tire changes and 72 to ask directions.

back as I can remember. When my brothers and I were children we watched with anticipation for the lefse to be baked so we could taste the warm, soft lefse with butter spread generously over the familiar wedge shaped piece. We were "raised " on the bread of heritage.

Mother had a huge rolling pin especially for lefse making made by her Norwegian father, In the month of December it was on display in the Door County Library's window cabinet as you entered the building. He made the traditional small one that was used to flatten and even out the edges of the "round". I can see her yet using it with quick strokes rolling out from the center as the last step before the window shade stick slid under smoothly and was placed on various types of surfaces starting with the old cook stove we had, going to a rectangular cast iron piece that fit across two gas burners and finally to a Bethany baking grill. What memories stir you to write and submit to this newsletter? I welcome you to share it with us.



Iron Age Settlement Discovered in Norway

Archaeologists in Norway recently collected an array of Iron Age artifacts from an excavation site near Ørland Airport. Known to be a promising area that was likely to yield relics, the region was unavailable for exploration due to government restrictions on archaeological digs until an expansion at the nearby airport offered an opportunity for excavation.

At one time on the edges of a secluded bay, the 22-acre survey site appears to have been a 1,500-year-old farming and fishing community. "It was a sheltered area along the Norwegian coastal route from southern Norway to the northern coasts. And it was at the mouth of Trondheim Fjord, which was a vital link to Sweden and the inner regions of mid-Norway," said Ingrid Ystgaard of the Norwegian University of Science and Technology (NTNU).

Among the preliminary findings were postholes for three longhouses and waste piles called middens, where garbage would have been discarded. Fortunately for the researchers, the low acidity of the sandy soil provided the perfect medium for preserving the contents of the middens, yielding animal bones, glass and amber pieces of jewelry and a shard of glass from a goblet.

Attractions in Norway

Tourists to Norway are often familiar with the county's top attractions, visiting natural sites like Preikestolen as well as cultural gems like Oslo Opera House and Bergen's famous wharf. But which attractions and destinations are among Norwegians' favorite ways to spend their summers? Survey results from the Norwegian Hospitality Association highlight the most popular sites.

The National Gallery - nasjonalmuseet.no/en/ Founded in 1837, the Nasjonalgalleriet in Oslo houses the country's largest public collection of paintings, drawings and sculptures, including works by Munch, Manet and Cézanne. According to the survey, more than four out of every ten Norwegians have visited the gallery.

Har du Hort?

Our February Potluck was a warm and cozy group of people enjoying a noon potluck on a cold day outdoors. The committee headed by **Dean** and **Bev** did a wonderful job of set-up and serving. Everyone who came seemed to enjoy it very much. And the super food dishes were great, too!

We extend greetings to our retired President, **Gail Klima**, as she is much improved and is making progress.

Our treasurer, **Dave**, will be having foot surgery in the next weeks, so much luck to you. His daughter is expected to be with him during the process.

President, **Lorraine**, is off to AZ to see family and I'm sure she will have much to tell us on her return.

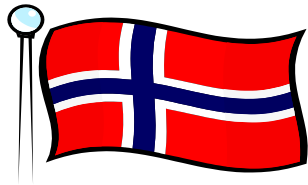
Secretary, **Muriel** needs our volunteer hours report. (Editor needs to work on that, too.)

Finally, H R Holand Lodge will have a "NO-Bowl" event so we can get a collection to be donated. It will be during the March meeting.

Kristiansand Zoo and Amusement Park - dyreparken.no/ A popular destination, nearly 75% of all Norwegians surveyed have visited this zoo and amusement park. In addition to over 800 animals, the zoo also includes theme parks inspired by cultural works like Cardamom Town, modeled after the famous children's book by Thorbjørn Egner, and Captain Sabertooth World, which was created after characters in a theater production.

Box 231
H R Holand Lodge
Sons of Norway # 5-549
Sturgeon Bay, WI 54235

Address Service Requested



*Sons of Norway
March & April 2016*

We are in a year of voting-2016. Be sure to exercise your opportunity to vote.

Our Lodge is also under new officers. Welcome to all those who willingly said “Yes” when asked to serve.

See you on March 8th at noon. Come earlier to greet other Lodge members.